

Sky High Anxiety and ESL Stress Busters!

Why is learning English so stressful?

1. For some, their ability to learn English _____ is tied to how fast they can get a job and provide for their families.
2. _____ of getting to the United States- years of refugee camps and separation from loved ones just to arrive. And the brain can only handle so much.
3. _____ is real.
4. English is _____!

So, how do we bring the temperature of the room waaay down?

1. One professional suggests we _____ all students to _____ in class.
2. Not focusing on _____ but on communication.
3. Creating a _____ with the students.
4. _____ to lessen individual pressure and build a sense of community.
5. Incorporate _____ activities like games, and role plays.
6. _____! Jesus is the Prince of Peace, and He wants to show them how powerful His peace is.